



In a medical emergency a little first aid knowledge and immediate action can save lives, especially in remote locations. Our one-day course covers all the usual first aid subjects, but from a boating perspective. It is aimed at anyone who goes afloat, whether on inland waters, rivers, estuaries or on cross channel passages.



Course based at:	Marina Ibiza
Course price:	€215 + 21% IVA
Course duration:	1 day
Minimum age:	None
Pre-course experience / requirements:	None
Course content:	<ul style="list-style-type: none"> • the recovery position in a confined space • CPR, including the drowning protocol • cold shock and hypothermia from immersion and/or exposure • seasickness and dehydration • medical assistance or advice by VHF • helicopter rescue
Course includes	Course certificate
Ability after course:	provides a working knowledge of first aid for people using small craft and to support skippers
What to bring with you:	Passport photo